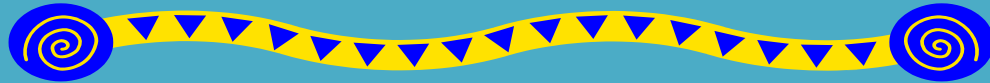


Conference details  
will be sent in  
September (venue  
will be in the  
Burlington area)



# SAVE THE DATE



## NFI Vermont Presents:

A Two Day “Symposium on Adolescence 2012”  
November 8<sup>th</sup> and 9<sup>th</sup>

Raymond J. Chin, PhD, MFA & Martha B. Straus, PhD.



Thursday November 8<sup>th</sup>

### “Training Teen Brains to Become Minds: Ready, Fire, Aim!”

This presentation will focus on the neuropsychology of adolescent brain development especially the prefrontal cortex and the executive functions. Participants will experience Cognitive Behavioral Therapy and Mindfulness interventions designed to develop executive functions.

Friday November 9<sup>th</sup>

### “Undoing Aloneness: Strategies for Co- Regulation with Traumatized Adolescents”

Traumatized adolescents struggle with self-regulation. Anxious and vigilant, they experience even loving relationships as confusing and frightening. To learn self-soothing, they must first be able to rely upon others, and discover the joy of co-regulation. In this workshop, we will describe and practice mindful, empathic strategies to help these teens feel more secure, connected, present, and stable.

Both presenters are well-known for their engaging presentation style, expertise and ability to leave participants inspired and better prepared to work with adolescence!

For more information please contact:

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